

GREAT HARVEST BREAD INGREDIENTS

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Breads	Ingredients
Apple Crumble	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Dried Apples, Brown Sugar, Clover Honey, Butter (RGBH-Free Sweet Cream, Salt) Fresh Yeast, Sea Salt, Cinnamon, Eggs, Natural Vanilla Flavoring, and Nutmeg
Apricot Walnut	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Clover Honey, Dried Apricots, Fresh Yeast, Sea Salt, Walnuts, and Eggs
Cinnamon Burst	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Cinnamon Chips (Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin), Clover Honey, Fresh Yeast, Sea Salt, and Eggs
Cinnamon Swirl	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Brown Sugar, Freshly Stone-Ground 100% Whole-Wheat Flour, Clover Honey, Eggs, Fresh Yeast, Sea Salt, Butter (RGBH-Free Sweet Cream, Salt), and Cinnamon
Cranberry Orange	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Clover Honey, Dried Cranberries (Cranberries, Sugar, Sunflower Oil), RGBH-Free Sweet Cream, Salt), Eggs, Fresh Yeast, Pureed Whole Oranges, and Sea Salt
Dakota	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Sunflower Seeds, Pumpkin Seeds, Millet, Fresh Yeast, Sesame Seeds, Sea Salt, and Poppy Seeds
Dakota Low Carb	Filtered Water, Freshly Stone-Ground 100% Whole-Wheat Flour, Clover Honey, Wheat Gluten, Flax Seeds, Sunflower Seeds, Pumpkin Seeds, Millet, Eggs, Wheat Bran, Olive Oil, Oat Bran, Rolled Oats, Tofu (Water, Soybeans, Calcium Sulfate), Fresh Yeast, Sesame Seeds, and Sea Salt
Ezekiel	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Freshly Stone-Ground 100% Whole-Spelt Flour, Lentils, Barley, Millet, Black Beans, Fresh Yeast, and Sea Salt
Garlic Tillamook Cheddar	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Tillamook Medium Cheddar Cheese (Milk, Salt, Enzymes, Annatto Color), Clover Honey, Crushed Garlic, Fresh Yeast, and Sea Salt
Harvest White	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Clover Honey, Fresh Yeast, and Sea Salt
Hawaiian Sweet Bread	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Clover Honey, Filtered Water, RGBH-Free Milk, Butter (RGBH-Free Sweet Cream, Salt), Eggs, Fresh Yeast, Sea Salt, and Natural Vanilla Flavoring
High 5 Fiber	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Flax Seeds, Millet, Oat Bran, Sunflower Seeds, Wheat Bran, Fresh Yeast, and Sea Salt
Honey Wheat Cinnamon Burst	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Cinnamon Chips (Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin), Clover Honey, Fresh Yeast, and Sea Salt
Honey Whole Wheat	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Fresh Yeast, and Sea Salt
Nine Grain	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Multi- Grain Mix (Rye, Wheat, Corn, Brown Rice, Oats, Triticum, Soy, Flax, Barley, Millet), Fresh Yeast, and Sea Salt
Sweet Wheat 'N' Oat	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Molasses, Multi- Grain Mix (Rye, Wheat, Corn, Brown Rice, Oats, Triticum, Soy, Flax, Barley, Millet), Rolled Oats, Fresh Yeast, Sea Salt, and Caramel Coloring
Spinach Feta	Unbleached Enriched White Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, Freshly Stone-Ground 100% Whole-Wheat Flour, Spinach, Clover Honey, Feta Cheese (Milk, Salt, Cheese Cultures, Enzymes), Fresh Yeast, Sea Salt, Crushed Garlic, Oregano, Onion, Black Pepper, Dill, and Eggs
Whole Grain Gusto	Freshly Stone-Ground 100% Whole-Wheat Flour, Filtered Water, Clover Honey, Millet, Barley, Fresh Yeast, Flax Seeds, Sunflower Seeds, Sea Salt, and Oat Bran